

PSALM 90

$\text{♩} = 76$

Teach us to count our days, that we may gain a wise heart.

music: *The De Beauvoir Psalter*, Ryan Connolly; © 2024

- 1 Lord, you have | been our | dwelling-place :
— | in all | gener- | ations.
- 2 Before the mountains were brought forth,
or ever you had formed the earth | and the | world :
from everlasting to ever- | lasting | you are | God.
- 3 You turn us | back to | dust :
and say, | ‘Turn back, | **you** | mortals.’
- 4 For a thousand years in your sight
are like yesterday when | it is | past :
or like a | **watch** | in the | night. **R/**
- 5 You sweep them away; they are | like a | dream :
like grass that is re- | **newed** | in the | morning;
- 6 in the morning it flourishes and | is re- | **newed** :
in the | evening · it | fades and | withers.
- 7 For we are consumed | by your | anger :
by your wrath | we are | over- | whelmed.
- 8 You have set our in- | iquities · be- | fore you :
our secret sins in the | **light** | of your | countenance. **R/**

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- 9 For all our days pass away | under · your | wrath :
our years come to an | **end** | like a | sigh.
- 10 The days of our life are seventy years, or perhaps eighty, if | we are | strong :
even then their span is only toil and trouble; they are soon gone, | and we | fly a- | way.
- 11 Who considers the power | of your | anger :
Your wrath is as great as the fear | that is | due to | you.
- 12 So teach us to | count our | days :
that we may | gain a | **wise** | heart. **R**
- 13 Turn, O Lord! | **How** | long :
Have com- | passion | on your | servants!
- 14 Satisfy us in the morning with your | steadfast | love :
so that we may rejoice and be | **glad** | all our | days.
- 15 Make us glad for as many days as you have af- | flicted | us :
and for as many years | as we | have seen | evil.
- 16 Let your work be manifest | to your | servants :
and your glorious | power | to their | children.
- †17 Let the favour of the Lord our God | be up- | on us :
and prosper for us the work of our hands—
O prosper the | **work** | of our | hands! **R**
- Glory be to the Father | and to · the | Son :
and | to the | Holy | Spirit;
as it was in the be- | ginning · is | now :
and shall be for | ever. A | -- | men.